COUNTY OF KANE





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Kane County Health Department Shares Resources in Response to SNAP Benefit Reductions

(11/1/25) The Kane County Health Department (KCHD) is reminding residents that help is available as reductions to Supplemental Nutrition Assistance Program (SNAP) benefits are anticipated beginning November 1. These changes may affect the amount of food assistance many families and individuals receive each month.

"We know that any reduction in benefits can cause concern for families who are already working hard to make ends meet," said Michael Isaacson, KCHD Executive Director. "Our goal is to make sure residents know where to turn for help."

KCHD encourages residents affected by the SNAP changes to explore local food resources and community support:

- Find a local food pantry or meal program using our Community Resources page: https://www.kanehealth.com/Pages/Resources.aspx
- Contact the KCHD Information and Referral Specialist for one-on-one assistance connecting to local food programs and other community services. Call 331-312-0060 or visit https://www.kanehealth.com/Pages/Case-Management.aspx to request assistance.

Additionally, KCHD has compiled important <u>immigration resources</u> and <u>mental health resources</u> to help residents access trusted information and support. These resources can assist individuals and families navigating complex systems, ensuring that everyone in Kane County can connect to care, services, and community organizations that meet their needs.

"Access to nutritious food is essential for health," Isaacson added. "If you or someone you know is struggling to afford groceries, please reach out. We can help connect you to community resources."